#### National Chocolate Week 14-20 October 2013

## **Description**

# A great excuse to chocolate all day!



National Chocolate Week is a great week for indulgence. Chocolate is enjoyed in sweets and baking and is known as the favourite treat by millions of people world wide. It's only right it has its very own special national week.

Are you a "Chocdholic―? If you are, then this is the perfect excuse to use chocolate in all your baking or eating it until it comes out of your ears. This week should be spent consuming and savouring generous amounts of your favourite flavoured chocolate treats.

Did you know that chocolate has mood-enhancing benefits? That's rightâ€"chocolate can make you happy! This is due to the fact that it contains a stimulant called theobromine and a compound called anandamide. Now that's a reason to celebrate!

Happy Chocolate Week â€" May the Gorging Begin!!

### Click here to grab some delicious Chocolate

## Category

1. National Days

## **Tags**

- 1. Chocolate
- 2. National Week

Date Created October 16, 2013 Author sephra

